

# ONSITE EMPLOYEE HEALTH & WELLNESS CENTERS™ BY JOHNS HOPKINS MEDICINE

*World-class health care...at work<sup>SM</sup>*

**Onsite Employee Health and Wellness Centers™ by Johns Hopkins Medicine** are partnerships with employers in various industries to receive tailored programs based on their unique health care needs and objectives. These efforts have provided employers a return of \$2.80 for every dollar spent. ROI is realized in less than 6 months through the high utilization and employee participation established by Johns Hopkins providers.

**Onsite health services benefit Employees** by significantly reducing their out-of-pocket medical expenses, transportation costs, and out-of-work time. Through comprehensive wellness programs, many dangerous conditions such as high blood pressure, heart disease, and diabetes are detected sooner or even prevented. Health education and events give employees insight and facilitate healthy changes such as weight loss and smoking cessation.

**Because of their many positive outcomes, in 2011 almost 1/3 of employers with 500+ employees utilized Onsite clinics.**

Today's onsite care has evolved to focus not only on the prevention and treatment of occupational injuries, but to include a comprehensive package of key services including:

- ▲ **Both routine and urgent care:** Assessment & treatment of upper respiratory infections (cough, cold, sore throat), digestive disorders (nausea, vomiting, diarrhea), headaches, sprains/strains & lacerations, skin infections, emergent and routine referrals
- ▲ **Onsite pharmacy and prescribing:** Commonly used over-the-counter medications (antacids, acetaminophen, ibuprofen) and approved prescriptive items (antibiotics); Prescriptions written by Onsite provider
- ▲ **Preventive care:** Routine physical examinations with comprehensive laboratory tests, routine vaccinations, health education, and wellness coaching
- ▲ **Occupational medicine:** Assessment and treatment of work-related injuries, coordination of care and ancillary services, referrals; Post-offer employment physical exams (DOT certification), ergonomic evaluations, and substance abuse testing
- ▲ **Employee engagement and targeted wellness programs:** Facilitation of company wellness initiatives through health seminars and screening events; engagement of "at-risk" employees
- ▲ **Occupational safety:** Consultation and support for corporate safety programs, individual and group training for occupational "best practices" such as back safety and work related hazards

{ONSITE HEALTH CARE: Comprehensive, employer-sponsored health care program resulting in healthier, happier, more productive workforce. Employees don't have to leave work to see a physician for most illnesses and injuries, avoiding costly ER visits. There are no copays or deductibles to meet.}

## WHY PARTNER WITH JOHNS HOPKINS?

Johns Hopkins Medical Institutions are known world-wide for their excellence in medical education, research and clinical care. For more than 20 years, Johns Hopkins Medicine has partnered with employers to bring this same level of quality care to employees throughout the U.S. At present, over 60 Johns Hopkins Employee Health & Wellness Centers operating in more than 30 states provide efficient, quality-driven health care to tens of thousands of employees while maintaining a historically positive return-on-investment for our corporate partners.

The Johns Hopkins Hospital was ranked #1 among U.S. hospitals for 21 consecutive years and, in 2012, maintained the #1 ranking in five specialties. Hopkins is also the honored recipient of the 2012/2013 National Research Corporation's Consumer Choice Award.

