

MANAGING CANCER AT WORK

By Johns Hopkins Medicine

{1 in 2 men, and 1 in 3 women will be diagnosed with cancer in their lifetimes. Many of us will be working at the time of diagnosis and hoping for our lives to be as normal as possible as we go through treatment.}

Managing Cancer at Work is a free benefit program made available to you by your employer. This program provides you and your family with information on how to prevent cancer, recognize the early warning signs of cancer, and understand and manage cancer treatment in a way that optimizes your health and well-being.

The Cancer Workplace Landscape



Employees who could work during treatment often don't — even though it might be their preference



Supervisors and managers are often lost in terms of knowing how to react to the needs of employees facing cancer



As average retirement age increases, so will the number of working cancer survivors



Caregivers of cancer patients may see their work impacted just as profoundly as the cancer patients themselves

Managing Cancer at Work can help you address all of these issues

Managing Cancer at Work Key Features



Designed for the workplace; best-of-class tools and visual information for managers and employees



Provides personalized nurse navigation & follow-up at each stage of the cancer journey



Enables managers and employees to identify viable work options for employees with cancer



Prevention and education programs are the best tools to help reduce risk and mitigate growing costs



Improved screening rates will detect cancer earlier, require less treatment and save lives in your insured population

Why do you need this program?

- ▲ 1/3 of cancers are preventable! Access up-to-date information on prevention, early detection, and screening.
- ▲ You don't have to struggle alone if you or someone you love has been diagnosed with cancer.
- ▲ Live contact with a Johns Hopkins oncology nurse navigator provides guidance and resources.
- ▲ Many people find it important to work because it helps keep their life "normal" while undergoing treatment.
- ▲ This program can increase your well-being, reduce draw on sick time, and lower use of long and short term disability.
- ▲ Use of this program is voluntary and confidential.

Employee Testimonial videos and other resources available at ManagingCancerAtWork.com

WHY CHOOSE A JOHNS HOPKINS SOLUTION?

For more than 125 years, Johns Hopkins has led the way in both biomedical discovery and patient and population care. The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins—providing the information and leadership for this program—leads the world in deciphering the mechanisms of cancer and new ways to treat it. The strength of research and treatment programs at the Kimmel Cancer Center was recognized early on by the National Cancer Institute, becoming one of the first to earn comprehensive cancer center status and recognition as a "Center of Excellence."