

ACTIVITY & MOBILITY PROMOTION (AMP)

Patient-centered programs to promote a culture of mobility

TOOLKITS | EDUCATION | CONSULTING

THE CHALLENGE

Hospitalized patients generally spend much of their day in bed. Whether in the ICU or in other hospital units, immobility and its associated negative consequences increase length of stay and hospital-acquired harms, leading to worse patient outcomes. Once at home after hospitalization, patients are physically more vulnerable, with negative consequences such as increased falls, too often resulting in hospital re-admission.

THE SOLUTION

The AMP inter-professional program aims to support health care providers that want to change the culture of patient immobility. AMP provides frontline caregivers and hospital leaders with the tools and support needed to design and implement structured quality improvement processes to successfully increase patient activity and mobility.

THE OUTCOMES

Activity and Mobility Promotion programs can reduce length of stay, decrease readmissions, and improve patient outcomes. Such programs are an excellent method to drive value “by bending the cost curve” via improving patient outcomes at a lower cost to the hospital.

Adult ICU: With early intervention, started within a few days of initiating mechanical ventilation, patients experience less hospital-acquired impairments, have shorter length of stay, and are more often discharged to their home rather than to a skilled nursing or rehabilitation facility.

PICU: Study results demonstrated that a bundled intervention to create a healing environment in the PICU with structured activity and mobility is safe, feasible, and may have benefits for short- and long-term outcomes of critically ill children.

AMP PROGRAMS

AMP – Hospital

Creating a culture of activity and mobility for patients while in the hospital or inpatient rehabilitation

AMP – ICU

Promoting early rehabilitation in the adult ICU

AMP – PICU Up![™]

Promoting early mobilization in the pediatric ICU





BRING AMP TO YOUR HOSPITAL

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AMP SERVICES

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RehabHopkins@jhmi.edu

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How we help you implement and sustain AMP at your institution:

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- Webinars and conference calls to lead your team through the phases of implementation
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