



HOSPITAL AT HOME[®]

Home-based care for older adults

By Johns Hopkins Medicine

Hospital at Home[®] is an innovative geriatric care model providing hospital-level care in a patient's home as a full substitute for acute hospital care.

The program is currently being implemented at numerous sites around the United States by VA hospitals, health systems (including Presbyterian Health System), home care providers, and managed care programs as a tool to cost-effectively treat acutely ill older adults, while significantly improving patient safety, quality, and satisfaction.

The Hospital at Home[®] solution includes a range of tools to support adoption and implementation by any health care organization including:

- ▲ Clinical eligibility criteria
- ▲ Implementation manual
- ▲ Financial planning and evaluation tools
- ▲ Patient recruitment and education tools
- ▲ Measurement tools
- ▲ Patient-tracking mechanisms

Outcomes of implementing Hospital at Home[®] compared to similar hospitalized patients:

- ▲ Lower mortality rates
- ▲ Lower rates of delirium sedative medication and restraints use
- ▲ Higher satisfaction of patient and family
- ▲ Less caregiver stress, better functional outcomes
- ▲ Cost savings of 19% to 30% compared to traditional inpatient care
- ▲ Lower average length of stay
- ▲ Fewer lab and diagnostic tests compared with similar patients in hospital acute care
- ▲ Advances the Triple Aim of clinical quality, affordability and exceptional patient experience

{HOSPITAL AT HOME PROGRAMS: enable patients to receive acute care at home reducing complications while cutting the cost of care by 30 percent or more.}

Hospital at Home[®] allows an older adult with an acute illness to remain in the comfort of their own home while receiving hospital-level care. This model helps older adults avoid common iatrogenic complications associated with stays in traditional acute care hospitals such as delirium, polypharmacy, functional decline, and others.

WHY CHOOSE THE JOHNS HOPKINS HOSPITAL AT HOME PROGRAM

Hospital at Home[®] was developed by researchers at the Johns Hopkins University Schools of Medicine and Public Health. The concept was successfully tested in a National Demonstration and Evaluation Study at several Medicare managed care sites and at a VA Medical Center. It was the first implementation of the Hospital at Home model to completely substitute care in the patients' home for acute inpatient care.