

PREDIABETES IMPACT ON EMPLOYERS

Help stem rising care costs by preventing diabetes in your employee population.

▼ PREDIABETES FACTS



▲ **1 in 3** AMERICAN ADULTS HAVE PREDIABETES

90% DON'T KNOW THEY HAVE IT



WILL DEVELOP DIABETES



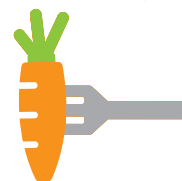
▼ IMPACT ON EMPLOYERS



INVEST IN A DIABETES PREVENTION PROGRAM:



- Employee benefit
- Improves eating habits
- Increases physical activity
- Coaches educate & support
- Based on CDC model



A Johns Hopkins Diabetes Prevention Program

SOURCES: • CDC website
• The Case for Diabetes Population Health Improvement... Sherita Hill Golden, et. al.
• Diabetes Prevention Lifestyle Change Program – The Business Case for Inclusion as a Covered Health Benefit, Florida Health Care Coalition, Report, January 2015