

# 5 REASONS TO GET YOUR CANCER SCREENING

You can take control of your health; make appointments to get your cancer screenings.

## STAY HEALTHY

your family depends on you



## PEACE OF MIND

most screenings show you DON'T have cancer



## PREVENTION

screenings can detect a pre-cancerous condition



## GET TREATED

screenings can detect cancer early, when it is readily treatable



## YOU'RE COVERED

most screenings are covered by most health plans (at little or no cost to you)



## AVAILABLE CANCER SCREENINGS

Mammogram and breast self-exam  
(breast cancer)

Colonoscopy  
(colorectal cancer)

PSA and digital rectal exam  
(prostate cancer)

PAP test and HPV test  
(cervical cancer)

LDCT scan  
(lung cancer)

Full body skin exam by a dermatologist  
(skin cancer)