

Who are the Oncology Nurse Navigators?

Oncology Nurse Navigators are clinically trained nurses who support individuals through a cancer journey, as a part of the **Johns Hopkins Work Stride program**. They help navigate many aspects of cancer-related care — from screening and prevention, through diagnosis, treatment, survivorship and end of life.



What is their role?

Oncology Nurse Navigators provide emotional support, education and guidance to employees and their families. They are also a valuable resource for managers supporting an employee who is diagnosed with cancer or caring for a loved one. The personalized approach and encouragement a Nurse Navigator provides can be life changing.

How do Oncology Nurse Navigators help my employees?

An Oncology Nurse Navigator is available to help your employees, managers or their family members:



Education and Support

- Prepare questions to ask their doctor and care team
- Learn about financial resources and information regarding treatment
- Understand how to talk with their manager, co-workers, family and friends about their diagnosis
- Cope with the emotional burden of a family member diagnosed with cancer
- Offer emotional support during the cancer journey

Navigation

- Transition into survivorship after treatment
- Plan for the future, including advanced directives and end of life care
- Understand and interpret their cancer diagnosis
- Locate a second opinion team — in-network and local, or nationwide
- Navigate working during treatment, including rights, benefits and labor laws

Risk Reduction and Prevention

- Learn how to reduce their risk of cancer through lifestyle change
- Understand risks related to their family history or genetics

How can your organization benefit from Johns Hopkins Work Stride?



The Johns Hopkins Work Stride program helps individuals understand their risk of developing cancer and provides tools to help them mitigate those risk factors. All Work Stride participants are encouraged to get regular screenings, recognize early warning signs and utilize the educational content available to them 24/7 on the website.



After a diagnosis, Work Stride helps keep patients, caregivers and managers informed and supported. We help your employees (and their loved ones) understand clinical, legal and workplace perspectives. We help your managers understand the impact of an employee's cancer diagnosis and treatment on their team members or department, and how to best support them.



Work Stride provides an extra layer of emotional support outside of the clinical treatment team, gives your employees and their families more personalized care, and helps relieve burdens while undergoing cancer treatment or caring for a loved one.



To learn more about Work Stride and how it can support your workforce and their families, visit johnshopkinssolutions.com/workstride or email workstride@johnshopkinssolutions.com